

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Girls 100 Meter Dash Novice**

**Meet Record: 12.95 ! 2005 Raili Quathamer**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Spencer, Lily	07 Fellowes HS	14.42q -0.4
2	Cobus, Layla	07 St. Joseph's	14.44q -0.7
3	Keefe, Charley	07 Opeongo	14.73q -0.3
4	Coleman, Rowan	07 Opeongo	14.76q -0.4
5	Chamberlain, Molly	07 Renfrew	14.83q -0.4
6	Kenny, Maggie	07 Arnprior	14.87q -0.4
7	Solis, Catalina	07 St. Joseph's	15.01q -0.3
8	Howell, Rachel	07 Bishop Smith	15.14q -0.4
9	Ferguson, Sadie	07 St. Joseph's	15.33 -0.7
10	Schroeder, Taylor	07 Valour	15.80 -0.7
11	Steinke, Meghan	07 Arnprior	15.88 -0.7
12	Van Lindenberg, Adrianna	07 Opeongo	16.07 -0.3
13	Novosedlik, Abbigail	07 Valour	16.10 -0.4
14	Needham, Mya	07 Arnprior	16.12 -0.3
15	Van Lindenburg, Hannah	07 Renfrew	16.27 -0.7
16	LeBlanc, Soren	07 Bishop Smith	16.29 -0.3
17	Buske, Mya	07 Valour	16.40 -0.7
18	Zadow, Lily	07 Opeongo	16.96 -0.3
19	Bourne-Tanguay, Emily	07 Esc Jeanne-L	17.05 -0.7
20	Martens, Sarah	07 Valour	17.50 -0.3
21	Oliveras, Leah	07 Arnprior	18.23 -0.4

**Girls 100 Meter Dash Novice**

**Meet Record: 12.95 ! 2005 Raili Quathamer**

Name	Yr	School	Finals
<b>Finals</b>			
1	Cobus, Layla	07 St. Joseph's	14.44 -1.7
2	Spencer, Lily	07 Fellowes HS	14.54 -1.7
3	Keefe, Charley	07 Opeongo	14.78 -1.7
4	Chamberlain, Molly	07 Renfrew	14.81 -1.7
5	Kenny, Maggie	07 Arnprior	14.99 -1.7
6	Coleman, Rowan	07 Opeongo	15.09 -1.7
7	Howell, Rachel	07 Bishop Smith	15.13 -1.7
8	Solis, Catalina	07 St. Joseph's	15.42 -1.7

**Girls 200 Meter Dash Novice**

**Meet Record: 27.29 ! 2007 Alex Baylis**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Spencer, Lily	07 Fellowes HS	30.25q -1.0
2	Moore, Kelsea	07 Bishop Smith	30.57q -1.7
3	Chamberlain, Molly	07 Renfrew	31.33q -1.7
4	Neville, Kimara	07 Esc Jeanne-L	31.52q -1.0
5	Keefe, Charley	07 Opeongo	31.64q -3.8
6	Ferguson, Sadie	07 St. Joseph's	31.88q -3.8
7	Davis, Cadence	07 Opeongo	32.30q -1.7
8	Coleman, Rowan	07 Opeongo	32.80q -1.0
9	Silver, Adriana	07 Fellowes HS	33.06 -3.8

10	Needham, Mya	07 Arnprior	33.81 -1.7
11	Novosedlik, Abbigail	07 Valour	34.03 -1.0
12	Steinke, Meghan	07 Arnprior	34.48 -1.0
13	LeBlanc, Soren	07 Bishop Smith	36.10 -1.0
14	Habecker, Hanah	07 Arnprior	38.05 -3.8
15	Love-McCourt, Ashlyn	07 Arnprior	39.78 -1.0

**Girls 200 Meter Dash Novice**

**Meet Record: 27.29 ! 2007 Alex Baylis**

Name	Yr	School	Finals
<b>Finals</b>			
1	Neville, Kimara	07 Esc Jeanne-L	29.36 -1.7
2	Moore, Kelsea	07 Bishop Smith	30.38 -1.7
3	Spencer, Lily	07 Fellowes HS	30.93 -1.7
4	Chamberlain, Molly	07 Renfrew	31.11 -1.7
5	Keefe, Charley	07 Opeongo	31.38 -1.7
6	Coleman, Rowan	07 Opeongo	31.49 -1.7
7	Ferguson, Sadie	07 St. Joseph's	31.99 -1.7
8	Davis, Cadence	07 Opeongo	32.24 -1.7

**Girls 400 Meter Dash Novice**

**Meet Record: 1:01.95 ! 2009 Robynn Dyer**

Name	Yr	School	Finals
<b>Finals</b>			
1	Coughlin, Quinn	07 Opeongo	1:00.56!
2	Moore, Kelsea	07 Bishop Smith	1:10.38
3	Neville, Kimara	07 Esc Jeanne-L	1:10.43
4	Epp, Makyla	07 St. Joseph's	1:12.16
5	Chapman, Wynn	07 Deep River	1:13.47
6	Van Lindenberg, Adrianna	07 Opeongo	1:16.90
7	Harmer, Ella	07 Fellowes HS	1:17.58
8	Van Lindenburg, Hannah	07 Renfrew	1:18.35
9	Van Lindenberg, Marlo	07 Opeongo	1:18.70
10	Mosley, Sophie	07 Arnprior	1:19.12
11	Buske, Mya	07 Valour	1:19.34
12	Ogilve, Maeve	07 Deep River	1:20.73
13	Lesway, Gracie	07 Arnprior	1:24.33

**Girls 800 Meter Run Novice**

**Meet Record: 2:32.71 ! 2017-05-12 Sophie Levasseur**

Name	Yr	School	Finals
<b>Finals</b>			
1	Coughlin, Quinn	07 Opeongo	2:35.61
2	Robillard, Addison	07 Bishop Smith	2:50.25
3	Chapman, Wynn	07 Deep River	2:51.53
4	Epp, Makyla	07 St. Joseph's	2:58.72
5	Mosley, Sophie	07 Arnprior	3:03.58
6	McLeod, Ava	07 Arnprior	3:06.86
7	Vanderploeg, Courtney	07 Renfrew	3:10.52
8	Van Lindenberg, Marlo	07 Opeongo	3:17.16
9	MacLeod, Samantha	07 Bishop Smith	3:33.48

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Girls 1500 Meter Run Novice**

Meet Record: 5:14.97 ! 2007 Melissa Jones

Name	Yr	School	Finals
<b>Finals</b>			
1	Coughlin, Quinn	07 Opeongo	5:19.06
2	Solis, Catalina	07 St. Joseph's	6:05.53
3	Mosley, Sophie	07 Arnprior	6:10.03
4	Vanderploeg, Courtney	07 Renfrew	6:15.68
5	Pringle, Izolde-Asia	07 Bishop Smith	6:16.31
6	MacLeod, Samantha	07 Bishop Smith	7:38.21

**Girls 3000 Meter Run Novice**

Meet Record: 11:27.41 ! 2007 Melissa Jones

Name	Yr	School	Finals
<b>Finals</b>			
1	Pringle, Izolde-Asia	07 Bishop Smith	15:01.73

**Girls 80 Meter Hurdles Novice**

Meet Record: 13.50 ! 2014-05-14 Olivia McIntyre

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Spencer, Lily	07 Fellowes HS	16.86q -0.5
2	Comparelli, Porsha	07 St. Joseph's	17.21q -0.5
3	Giroux, Cali	07 St. Joseph's	17.24q -0.5
4	Schroeder, Taylor	07 Valour	17.44q -0.5
5	Van Lindenberg, Adrianna	07 Opeongo	17.60q -0.5
6	Silver, Adriana	07 Fellowes HS	17.73q -0.5
7	Kenny, Maggie	07 Arnprior	17.99q -0.5

**Girls 80 Meter Hurdles Novice**

Meet Record: 13.50 ! 2014-05-14 Olivia McIntyre

Name	Yr	School	Finals
<b>Finals</b>			
1	Spencer, Lily	07 Fellowes HS	16.86 -0.5
2	Comparelli, Porsha	07 St. Joseph's	17.21 -0.5
3	Giroux, Cali	07 St. Joseph's	17.24 -0.5
4	Schroeder, Taylor	07 Valour	17.44 -0.5
5	Van Lindenberg, Adrianna	07 Opeongo	17.60 -0.5
6	Silver, Adriana	07 Fellowes HS	17.73 -0.5
7	Kenny, Maggie	07 Arnprior	17.99 -0.5

**Girls 300 Meter Hurdles Novice**

Meet Record: 50.80 ! 2018-05-15 Bailey Stonham

Name	Yr	School	Finals
<b>Finals</b>			
1	Solis, Catalina	07 St. Joseph's	1:03.83
2	McAdam, Meghan	07 St. Joseph's	1:09.28

**Girls 4x100 Meter Relay Novice**

Meet Record: 53.56 ! 2019-05-08 Valour

Team	Relay	Finals
<b>Finals</b>		
1	Bishop Smith	A 59.26
2	Opeongo	A 1:00.42

3	Arnprior	A	1:03.07
---	St. Joseph's	A	DQ

**Girls High Jump Novice**

Meet Record: 1.56m ! 2019-05-08 Genevieve Mackay

Name	Yr	School	Finals
<b>Finals</b>			
1	Kenny, Maggie	07 Arnprior	1.30m
2	Steinke, Meghan	07 Arnprior	1.25m
3	McLeod, Ava	07 Arnprior	1.25m
4	Chamberlain, Molly	07 Renfrew	1.20m
5	Harmer, Ella	07 Fellowes HS	1.15m
---	Byrne, Kelty	07 Arnprior	NH

**Girls Long Jump Novice**

Meet Record: 5.06m ! 2019-05-08 Yulia Adeshida

Name	Yr	School	Finals
<b>Finals</b>			
1	Cobus, Layla	07 St. Joseph's	4.39m NWI
2	Comparelli, Porsha	07 St. Joseph's	4.38m NWI
3	Van Lindenburg, Hannah	07 Renfrew	4.17m NWI
4	Keefe, Charley	07 Opeongo	4.01m NWI
5	Davis, Cadence	07 Opeongo	3.98m NWI
6	Van Lindenberg, Marlo	07 Opeongo	3.93m NWI
6	Howell, Rachel	07 Bishop Smith	3.93m NWI
8	Zadow, Lily	07 Opeongo	3.78m NWI
9	Schori, Madeline	07 Bishop Smith	3.68m NWI
9	Martens, Sarah	07 Valour	3.68m NWI
11	McLeod, Sophie	07 St. Joseph's	3.58m NWI
12	Giroux, Cali	07 St. Joseph's	3.51m NWI
13	Oliveras, Leah	07 Arnprior	3.45m NWI
13	Needham, Mya	07 Arnprior	3.45m NWI
15	MacLeod, Samantha	07 Bishop Smith	3.40m NWI
16	Knight, Abigail	07 St. Joseph's	3.32m NWI
17	Herbert, Paige	07 St. Joseph's	3.29m NWI

**Girls Triple Jump Novice**

Meet Record: 10.56m ! 2004 Amanda Brydges

Name	Yr	School	Finals
<b>Finals</b>			
1	Comparelli, Porsha	07 St. Joseph's	8.29m NWI
2	Schori, Madeline	07 Bishop Smith	7.96m NWI
3	Giroux, Cali	07 St. Joseph's	7.66m NWI
4	Knight, Abigail	07 St. Joseph's	6.56m NWI
5	McLeod, Sophie	07 St. Joseph's	6.12m NWI

**Girls Shot Put Novice**

Meet Record: 9.83m ! 2017-05-12 Eve Schroeder

Name	Yr	School	Finals
<b>Finals</b>			
1	Kirk, Nola	07 Valour	8.33m
2	Stephenson, Piper	07 Deep River	8.05m
3	Barter, Keira	07 Renfrew	7.46m
4	Demmons, Katie	07 Opeongo	7.35m
5	Nihaza, Aliah	07 Opeongo	7.25m

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Finals ... (Girls Shot Put Novice)**

Name	Yr	School	Finals
6 Sheldrick, Molly	07	Arnprior	7.19m
7 Byrne, Kely	07	Arnprior	6.71m
8 Doncaster, Melina	07	Deep River	6.41m
9 McCafferty, Rose	07	Valour	6.19m
10 MacLeod, Isabelle	07	Bishop Smith	5.06m

**Girls Discus Throw Novice**

**Meet Record: 29.78m ! 2005 Zoe Scharf**

Name	Yr	School	Finals
<b>Finals</b>			
1 Demmons, Katie	07	Opeongo	17.98m
2 Barter, Keira	07	Renfrew	17.84m
3 Byrne, Kely	07	Arnprior	16.21m
4 Nihaza, Aliah	07	Opeongo	15.62m
5 Jessup, Hannah	07	St. Joseph's	13.96m
6 McLeod, Ava	07	Arnprior	13.29m
7 MacLeod, Isabelle	07	Bishop Smith	13.00m

**Girls Javelin Throw Novice**

**Meet Record: 28.36m ! 2019-05-08 Emma McGrath**

Name	Yr	School	Finals
<b>Finals</b>			
1 Nihaza, Aliah	07	Opeongo	27.40m
2 Stephenson, Piper	07	Deep River	25.22m
3 Sheldrick, Molly	07	Arnprior	22.83m
4 McEachen, Kate	07	St. Joseph's	22.44m
5 Vanderploeg, Courtney	07	Renfrew	21.49m
6 Barter, Keira	07	Renfrew	21.05m
7 Kirk, Nola	07	Valour	20.81m
8 Jessup, Hannah	07	St. Joseph's	20.17m
9 MacLeod, Isabelle	07	Bishop Smith	13.52m
10 Martens, Sarah	07	Valour	13.12m
11 Oliveras, Leah	07	Arnprior	12.42m
12 Love-McCourt, Ashlyn	07	Arnprior	12.21m
13 Zadow, Lily	07	Opeongo	11.65m
14 McCafferty, Rose	07	Valour	9.92m
15 Novosedlik, Abbigail	07	Valour	7.11m
--- Lesway, Gracie	07	Arnprior	FOUL
--- Cobus, Layla	07	St. Joseph's	FOUL

**Girls 100 Meter Dash Junior**

**Meet Record: 12.96 ! 2015-05-13 Payton Ziebarth**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Brunette, Carlyn	06	Bishop Smith	14.01q -1.4
2 Hirst, Anna	06	Arnprior	14.14q -0.2
3 Epp, Mackenzie	06	Valour	14.54q -1.3
4 Macqueen, Cadence	06	Arnprior	14.73q -1.4
5 Dunn, Annabelle	06	Opeongo	14.77q -1.3
6 Middlemiss, Shaylyn	06	Arnprior	14.83q -1.4
7 Courville, Gabby	06	Opeongo	15.06q -0.2
8 Garrick, Ella	06	Deep River	15.10q -1.4

9 Howard, Ella	06	Esc Jeanne-L	15.19 -1.4
10 Dufour, Cadence	06	Bishop Smith	15.29 -1.3
11 Derreumaux, Jeanne	06	Valour	16.08 -1.3
12 Hartwig, Jasmin	06	Deep River	16.45 -0.2
13 Holt, Cameron	06	Deep River	16.61 -0.2
14 Hannah, Kaitlyn	06	Valour	16.67 -0.2
15 Jacottet, Sixtine	06	Opeongo	16.70 -1.3
16 Pilon, Renée	06	Esc Jeanne-L	19.09 -0.2
17 Dombroskie, Bailee	06	Opeongo	28.04 -1.3

**Girls 100 Meter Dash Junior**

**Meet Record: 12.96 ! 2015-05-13 Payton Ziebarth**

Name	Yr	School	Finals
<b>Finals</b>			
1 Brunette, Carlyn	06	Bishop Smith	13.85 -1.8
2 Hirst, Anna	06	Arnprior	14.09 -1.8
3 Epp, Mackenzie	06	Valour	14.49 -1.8
4 Macqueen, Cadence	06	Arnprior	14.59 -1.8
5 Dunn, Annabelle	06	Opeongo	14.70 -1.8
6 Garrick, Ella	06	Deep River	14.84 -1.8
7 Middlemiss, Shaylyn	06	Arnprior	14.86 -1.8
8 Courville, Gabby	06	Opeongo	15.47 -1.8

**Girls 200 Meter Dash Junior**

**Meet Record: 27.06 ! 2015-05-15 Payton Ziebarth**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Brunette, Carlyn	06	Bishop Smith	29.33q -2.3
2 Hirst, Anna	06	Arnprior	29.67q -2.6
3 Middlemiss, Shaylyn	06	Arnprior	30.60q -2.3
4 Macqueen, Cadence	06	Arnprior	31.12q -2.6
5 Edwards, Charissa	06	Valour	31.57q -2.7
6 Stinson, Hailee	06	Valour	31.77q -2.6
7 Derreumaux, Jeanne	06	Valour	32.90q -2.3
8 Courville, Gabby	06	Opeongo	33.65q -2.3
9 Bouchard, Cassidy	06	Valour	34.18 -2.3
10 Barnwell, Raylee	06	Opeongo	34.46 -2.6
11 Jacottet, Sixtine	06	Opeongo	34.77 -2.7
12 Dombroskie, Bailee	06	Opeongo	36.00 -2.3
13 Holt, Cameron	06	Deep River	36.54 -2.7
14 Hargraves, Eva	06	Fellowes HS	37.64 -2.6
15 Jeffries-Sullivan, Harmony	06	Deep River	42.91 -2.7

**Girls 200 Meter Dash Junior**

**Meet Record: 27.06 ! 2015-05-15 Payton Ziebarth**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hirst, Anna	06	Arnprior	28.99 -1.7
2 Brunette, Carlyn	06	Bishop Smith	29.21 -1.7
3 Macqueen, Cadence	06	Arnprior	30.72 -1.7
4 Middlemiss, Shaylyn	06	Arnprior	30.86 -1.7
5 Stinson, Hailee	06	Valour	31.57 -1.7
6 Edwards, Charissa	06	Valour	31.95 -1.7
7 Derreumaux, Jeanne	06	Valour	33.21 -1.7

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Finals ... (Girls 200 Meter Dash Junior)**

Name	Yr	School	Finals
8 Courville, Gabby	06	Opeongo	33.38 -1.7

**Girls 400 Meter Dash Junior**

Meet Record: **58.80 ! 2004** **Melissa Bishop**

Name	Yr	School	Finals
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**Finals**

1 Côté-Clemens, Summer	06	L'Équinoxe	1:07.08
2 Middlemiss, Shaylyn	06	Arnprior	1:08.91
3 Dufour, Cadence	06	Bishop Smith	1:10.68
4 Stinson, Hailee	06	Valour	1:11.56
5 Habel, Josephine	06	Renfrew	1:15.78
6 Cleary, Rachel	06	Deep River	1:16.84
7 Corriveau, Erika	06	L'Équinoxe	1:17.71
8 Corriveau, Emmi	06	L'Équinoxe	1:18.21
9 Gillion, Agathe	06	Opeongo	1:21.59
10 Hargraves, Eva	06	Fellowes HS	1:32.58

**Girls 800 Meter Run Junior**

Meet Record: **2:20.12 ! 2004** **Melissa Bishop**

Name	Yr	School	Finals
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**Finals**

1 Yach, Koree	06	Arnprior	2:29.19
2 Côté-Clemens, Summer	06	L'Équinoxe	2:51.40
3 Morrow, Megan	06	Bishop Smith	2:56.77
4 Corriveau, Erika	06	L'Équinoxe	3:04.85
5 Cleary, Rachel	06	Deep River	3:09.49
6 Cooligan, Trinity	06	Renfrew	3:11.77
7 Plonka, Chloe	05	Fellowes HS	3:15.93

**Girls 1500 Meter Run Junior**

Meet Record: **5:10.20 ! 2004** **Jackie Shields**

Name	Yr	School	Finals
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**Finals**

1 Yach, Koree	06	Arnprior	5:05.10!
2 Côté-Clemens, Summer	06	L'Équinoxe	5:50.67
3 Corriveau, Emmi	06	L'Équinoxe	5:54.51
4 Morrow, Megan	06	Bishop Smith	5:54.66
5 Noble, Ella	06	Bishop Smith	6:17.26
6 Davidson, Amber	06	Arnprior	6:19.30
7 Plonka, Chloe	05	Fellowes HS	6:25.99
8 Corriveau, Erika	06	L'Équinoxe	6:30.52
9 Cooligan, Trinity	06	Renfrew	6:34.19

**Girls 3000 Meter Run Junior**

Meet Record: **11:06.34 ! 2016-05-13** **Laura Yantha**

Name	Yr	School	Finals
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**Finals**

1 Corriveau, Emmi	06	L'Équinoxe	13:55.97
2 Davidson, Amber	06	Arnprior	15:13.05

**Girls 80 Meter Hurdles Junior**

Meet Record: **12.67 ! 2009-05-14** **Alicia Pan**

Name	Yr	School	Prelims
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**Preliminaries**

1 Massicotte, Gabrielle	06	Esc Jeanne-L	16.48q -1.6
2 Bergeron, Victoria	06	Esc Jeanne-L	16.61q -1.6
3 Edwards, Charissa	06	Valour	17.40q -1.6
4 Bouchard, Cassidy	06	Valour	19.02q -1.6
5 Gogolin, Aurora	06	Valour	19.46q -1.6

**Girls 80 Meter Hurdles Junior**

Meet Record: **12.67 ! 2009-05-14** **Alicia Pan**

Name	Yr	School	Finals
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**Finals**

1 Massicotte, Gabrielle	06	Esc Jeanne-L	16.48 -1.6
2 Bergeron, Victoria	06	Esc Jeanne-L	16.61 -1.6
3 Edwards, Charissa	06	Valour	17.40 -1.6
4 Bouchard, Cassidy	06	Valour	19.02 -1.6
5 Gogolin, Aurora	06	Valour	19.46 -1.6

**Girls 300 Meter Hurdles Junior**

Meet Record: **50.18 ! 2005** **Jackie Lesway**

Name	Yr	School	Finals
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**Finals**

1 Yach, Koree	06	Arnprior	49.65!
2 Dunn, Annabelle	06	Opeongo	59.87
3 Bergeron, Victoria	06	Esc Jeanne-L	1:02.82
4 Tettemer, Ella	06	Renfrew	1:06.79
5 Pilon, Renée	06	Esc Jeanne-L	1:20.74

**Girls 4x100 Meter Relay Junior**

Meet Record: **53.72 ! 2014-05-15** **Arnprior**

Team	Relay	Finals
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**Finals**

1 Arnprior	A	55.49
2 Valour	A	57.70
3 Opeongo	A	1:01.78

**Girls High Jump Junior**

Meet Record: **1.55m ! 2005** **Erin Devereux**

Name	Yr	School	Finals
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**Finals**

1 Hirst, Anna	06	Arnprior	1.35m
2 Dunn, Annabelle	06	Opeongo	1.30m
3 Hannah, Kaitlyn	06	Valour	1.25m
4 Davidson, Amber	06	Arnprior	1.20m
5 Gogolin, Aurora	06	Valour	1.15m
--- Demeyre, Alexis	06	Valour	NH

**Girls Long Jump Junior**

Meet Record: **4.89m ! 2005** **Amanda Brydges**

Name	Yr	School	Finals
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**Finals**

1 Brunette, Carlyn	06	Bishop Smith	4.61m NWI
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**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Finals ... (Girls Long Jump Junior)**

Name	Yr	School	Finals
2 Edwards, Charissa	06	Valour	4.40m NWI
3 Epp, Mackenzie	06	Valour	4.36m NWI
4 Massicotte, Gabrielle	06	Esc Jeanne-L	4.34m NWI
5 Lambert, Savhanna	06	Renfrew	4.30m NWI
6 McGuire, Jaidyn	06	Arnprior	4.10m NWI
7 Bergeron, Victoria	06	Esc Jeanne-L	4.06m NWI
8 Howard, Ella	06	Esc Jeanne-L	4.03m NWI
9 Tettermer, Ella	06	Renfrew	3.87m NWI
10 Garrick, Ella	06	Deep River	3.86m NWI
11 Hartwig, Jasmin	06	Deep River	3.82m NWI
12 Derreumaux, Jeanne	06	Valour	3.79m NWI
13 McEachen, Kate	07	St. Joseph's	3.78m NWI
14 Gale, Sydney	07	St. Joseph's	3.75m NWI
15 Macqueen, Cadence	06	Arnprior	3.73m NWI
16 Faytone, Keeran	06	Valour	3.68m NWI
17 Jeffries-Sullivan, Harmony	06	Deep River	3.36m NWI

**Girls Triple Jump Junior**

Meet Record: **10.35m ! 2005** Amanda Brydges

Name	Yr	School	Finals
<b>Finals</b>			
1 Epp, Mackenzie	06	Valour	9.36m NWI
2 Lambert, Savhanna	06	Renfrew	9.01m NWI
3 Stark, Dana	06	Renfrew	8.44m NWI
4 Tettermer, Ella	06	Renfrew	8.38m NWI
5 Hannah, Kaitlyn	06	Valour	7.79m NWI
6 Gale, Sydney	07	St. Joseph's	7.30m NWI
7 Bouchard, Cassidy	06	Valour	7.06m NWI

**Girls Shot Put Junior**

Meet Record: **12.28m ! 2018-05-15** Erin Sweeney

Name	Yr	School	Finals
<b>Finals</b>			
1 McLaren, Zoe	06	Opeongo	8.85m
2 Colligan, Jayden	06	Bishop Smith	8.28m
3 Morris, Fahren	06	Bishop Smith	7.26m
4 Potter, Parker	06	Valour	6.48m
5 Wright, Alex	06	Renfrew	5.95m
6 Demeyre, Alexis	06	Valour	4.55m

**Girls Discus Throw Junior**

Meet Record: **30.97m ! 2011-05-13** Katie Klatt

Name	Yr	School	Finals
<b>Finals</b>			
1 Lambert, Savhanna	06	Renfrew	20.82m
2 Wright, Alex	06	Renfrew	19.74m
3 Noble, Ella	06	Bishop Smith	18.82m
4 Colligan, Jayden	06	Bishop Smith	18.04m
5 Welch, Avery	06	St. Joseph's	17.63m
6 Potter, Parker	06	Valour	16.28m
7 Stark, Dana	06	Renfrew	15.76m
8 Morris, Fahren	06	Bishop Smith	13.66m

**Girls Javelin Throw Junior**

Meet Record: **38.54m ! 2004** Sarah Collins

Name	Yr	School	Finals
<b>Finals</b>			
1 Welch, Avery	06	St. Joseph's	24.33m
2 Bertrand, Pascale	06	Fellowes HS	18.93m
3 Morris, Fahren	06	Bishop Smith	16.82m
4 Noble, Ella	06	Bishop Smith	16.40m
5 Colligan, Jayden	06	Bishop Smith	15.25m
6 Gogolin, Aurora	06	Valour	12.36m
7 Demeyre, Alexis	06	Valour	9.00m

**Girls 100 Meter Dash Senior**

Meet Record: **12.30 ! 1992** L. Wall

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Cowan, Anna	04	Fellowes HS	13.25q -0.6
2 Adeshida, Yulia	04	Valour	13.52q -2.3
3 Hooper, Yulia	04	Bishop Smith	14.02q -0.6
4 Two-Axe, Keysha	05	Opeongo	14.25q -1.3
5 Drefke, Jenna	03	Opeongo	14.37q -1.3
6 Bean, Paige	04	Arnprior	14.49q -2.3
7 Savage, Tamaya	05	Esc Jeanne-L	14.87q -1.3
8 Degeer, Heyleigh	05	Valour	14.96q -2.3
9 Bailey, Sierra	05	Valour	14.97 -2.3
10 Vanderheyden, Mary	05	Bishop Smith	15.14 -1.3
11 Ludgate, Krystal	04	Opeongo	15.28 -0.6
12 Ogilvie, Kylie	03	Arnprior	15.34 -1.3
13 Davenport, Sydney	04	Deep River	15.42 -0.6
14 Hewitt, Hannah	04	Renfrew	16.24 -1.3
15 O'Mara, Tayah	05	St. Joseph's	16.51 -2.3
16 Case, Sara	05	Madawaska Valley	16.53 -0.6
17 Morneau, Eve	04	Esc Jeanne-L	16.83 -0.6
18 Lyttle, Emma	05	Valour	16.96 -2.3
19 Headrick, Rachel	04	St. Joseph's	19.70 -2.3

**Girls 100 Meter Dash Senior**

Meet Record: **12.30 ! 1992** L. Wall

Name	Yr	School	Finals
<b>Finals</b>			
1 Cowan, Anna	04	Fellowes HS	12.85 -1.3
2 Adeshida, Yulia	04	Valour	13.10 -1.3
3 Bean, Paige	04	Arnprior	13.73 -1.3
4 Hooper, Yulia	04	Bishop Smith	13.77 -1.3
5 Two-Axe, Keysha	05	Opeongo	14.13 -1.3
6 Drefke, Jenna	03	Opeongo	14.19 -1.3
7 Degeer, Heyleigh	05	Valour	14.61 -1.3
8 Savage, Tamaya	05	Esc Jeanne-L	14.80 -1.3

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Girls 200 Meter Dash Senior**

Meet Record: 25.50 ! 1992 L. Wall

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Cowan, Anna	04 Fellowes HS	27.80q -3.2
2	Hennesy, Jill	05 Arnprior	28.75q -1.8
3	Rieger, Kylie	04 Opeongo	29.40q -3.2
4	Two-Axe, Keysha	05 Opeongo	30.04q -0.6
5	Bailey, Sierra	05 Valour	30.52q -1.8
6	Savage, Tamaya	05 Esc Jeanne-L	30.66q -1.8
7	Bean, Paige	04 Arnprior	30.71q -0.6
8	Crossman, Abi	04 Bishop Smith	30.99q -1.8
9	Vanderheyden, Mary	05 Bishop Smith	31.23 -1.8
10	Ludgate, Krystal	04 Opeongo	32.57 -3.2
11	Clifford, Mika	05 Arnprior	32.72 -0.6
12	Davenport, Sydney	04 Deep River	32.76 -3.2
13	Van Raalte, Madison	05 Opeongo	32.81 -1.8
14	Collins, Takira	05 Valour	33.99 -3.2
15	Brunatti, Allison	04 Fellowes HS	34.20 -3.2
16	Case, Sara	05 Madawaska Valley	34.27 -0.6
17	O'Mara, Tayah	05 St. Joseph's	34.69 -1.8
18	Huckle, Mya	05 Valour	35.42 -0.6
19	Morneau, Eve	04 Esc Jeanne-L	36.25 -0.6
20	McInall, Payton	04 St. Joseph's	38.30 -0.6
21	Headrick, Rachel	04 St. Joseph's	44.02 -3.2

**Girls 200 Meter Dash Senior**

Meet Record: 25.50 ! 1992 L. Wall

Name	Yr	School	Finals
<b>Finals</b>			
1	Cowan, Anna	04 Fellowes HS	27.48 -2.1
2	Hennesy, Jill	05 Arnprior	28.59 -2.1
3	Two-Axe, Keysha	05 Opeongo	29.63 -2.1
4	Rieger, Kylie	04 Opeongo	29.72 -2.1
5	Savage, Tamaya	05 Esc Jeanne-L	30.62 -2.1
6	Bailey, Sierra	05 Valour	31.04 -2.1
7	Crossman, Abi	04 Bishop Smith	31.16 -2.1

**Girls 400 Meter Dash Senior**

Meet Record: 57.06 ! 2005 Melissa Bishop

Name	Yr	School	Finals
<b>Finals</b>			
1	Rieger, Kylie	04 Opeongo	1:04.38
2	Hennesy, Jill	05 Arnprior	1:05.81
3	Desjardins, Cecelia	05 Esc Jeanne-L	1:08.62
4	Weber, Olivia	04 Arnprior	1:08.64
5	Pappin, Lauren	05 Fellowes HS	1:09.39
6	Crossman, Abi	04 Bishop Smith	1:10.56
7	Hyatt, Sam	05 Opeongo	1:10.97
8	Van Raalte, Madison	05 Opeongo	1:12.73
9	Davenport, Sydney	04 Deep River	1:15.70
10	Huckle, Mya	05 Valour	1:20.01

**Girls 800 Meter Run Senior**

Meet Record: 2:19.19 ! 2018-05-15 Eirlys Rauliuk-Dunn

Name	Yr	School	Finals
<b>Finals</b>			
1	Hugli, Heidi	04 Fellowes HS	2:37.62
2	Rieger, Kylie	04 Opeongo	2:42.99
3	Weber, Olivia	04 Arnprior	2:44.00
4	Edmonds, Claire	04 Bishop Smith	2:48.53
5	Hopkins, Jamie	04 Deep River	2:50.70
6	Desarmia, Kira	05 Arnprior	3:04.68
7	Reid, Olivia	04 Renfrew	3:27.49

**Girls 1500 Meter Run Senior**

Meet Record: 4:52.90 ! 1976 Susan Spence

Name	Yr	School	Finals
<b>Finals</b>			
1	Stonham, Louise	05 Arnprior	5:06.63
2	Hugli, Heidi	04 Fellowes HS	5:23.57
3	Deighton, Katherine	04 Deep River	5:35.12
4	Gibbons, Ariel	05 Renfrew	5:37.44
5	Bemister, Claire	05 Bishop Smith	5:42.02
6	Hotz, Kati	05 Fellowes HS	5:53.40
7	Hopkins, Jamie	04 Deep River	6:22.13
8	Reid, Olivia	04 Renfrew	6:59.82

**Girls 3000 Meter Run Senior**

Meet Record: 10:26.58 ! 2018-05-15 Laura Yantha

Name	Yr	School	Finals
<b>Finals</b>			
1	Stonham, Louise	05 Arnprior	10:56.13
2	Hugli, Heidi	04 Fellowes HS	12:27.10
3	Gibbons, Ariel	05 Renfrew	12:29.35
4	Hotz, Kati	05 Fellowes HS	12:37.45
5	Deighton, Katherine	04 Deep River	13:15.82

**Girls 100 Meter Hurdles Senior**

Meet Record: 14.31 ! 2007 Jackie Lesway

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Jefferson, Eden	05 Deep River	17.86q -1.4
2	McGrath, Emma	04 Opeongo	18.83q -1.2
3	Clifford, Mika	05 Arnprior	19.43q -1.4
4	Hooper, Yulia	04 Bishop Smith	19.88q -1.2
5	Two-Axe, Keysha	05 Opeongo	19.89q -1.4
6	Bélanger, Emma	04 Esc Jeanne-L	20.26q -1.2
7	Ogilvie, Kylie	03 Arnprior	20.29q -1.2
8	Beanish, Logan	04 Bishop Smith	21.60q -1.4
9	Summers, Grace	04 Fellowes HS	21.66 -1.4
10	Desjardins, Cecelia	05 Esc Jeanne-L	21.71 -1.4
11	Hewitt, Hannah	04 Renfrew	22.68 -1.4
12	McInall, Payton	04 St. Joseph's	24.12 -1.2

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Girls 100 Meter Hurdles Senior**

Meet Record: 14.31 ! 2007 Jackie Lesway

Name	Yr	School	Finals
<b>Finals</b>			
1 Jefferson, Eden	05	Deep River	18.13 -2.2
2 McGrath, Emma	04	Opeongo	18.95 -2.2
3 Hooper, Yulia	04	Bishop Smith	19.81 -2.2
4 Two-Axe, Keysha	05	Opeongo	20.00 -2.2
5 Ogilvie, Kylie	03	Arnprior	20.31 -2.2
6 Bélanger, Emma	04	Esc Jeanne-L	20.48 -2.2
7 Clifford, Mika	05	Arnprior	21.32 -2.2

**Girls 400 Meter Hurdles Senior**

Meet Record: 1:07.20 ! 1981 P. Kenny

Name	Yr	School	Finals
<b>Finals</b>			
1 Summers, Grace	04	Fellowes HS	1:17.20
2 Wright, Abby	05	Renfrew	1:24.55
3 Bélanger, Emma	04	Esc Jeanne-L	1:24.78
4 Desjardins, Cecelia	05	Esc Jeanne-L	1:25.33
5 Dick, Isabelle	05	Renfrew	1:28.52
6 Ludgate, Krystal	04	Opeongo	1:31.94

**Girls 4x100 Meter Relay Senior**

Meet Record: 51.00 ! 1991 Arnprior

Team	Relay	Finals
<b>Finals</b>		
1 Opeongo	A	56.12
2 Arnprior	A	56.35
3 Valour	A	56.36
4 Fellowes HS	A	56.43
1) Brunatti, Allison 04	2) Cowan, Anna 04	
3) Summers, Grace 04	4) Pappin, Lauren 05	
5 Deep River	A	59.09
6 St. Joseph's	A	1:00.68

**Girls High Jump Senior**

Meet Record: 1.60m ! 2011-05-12 Julie Ethier

Name	Yr	School	Finals
<b>Finals</b>			
1 Jefferson, Eden	05	Deep River	1.50m
2 Verch, Brittney	03	Opeongo	1.45m
3 Grozelle, Kaitlyn	03	Deep River	1.35m
4 Desarmia, Kira	05	Arnprior	J1.35m
5 Pappin, Lauren	05	Fellowes HS	1.30m

**Girls Long Jump Senior**

Meet Record: 5.19m ! 2008-05-14 Emma Dobson

Name	Yr	School	Finals
<b>Finals</b>			
1 Adeshida, Yulia	04	Valour	5.22m! NWI
2 Crouzat, Skye	04	Valour	4.54m NWI
3 Drefke, Jenna	03	Opeongo	4.41m NWI
3 Verch, Brittney	03	Opeongo	4.41m NWI
5 Bean, Paige	04	Arnprior	4.39m NWI

6 Bailey, Sierra	05	Valour	4.29m NWI
7 Dick, Isabelle	05	Renfrew	4.28m NWI
8 Hooper, Yulia	04	Bishop Smith	4.19m NWI
9 Clifford, Mika	05	Arnprior	3.99m NWI
10 Osipenko, Danika	05	St. Joseph's	3.93m NWI
11 Wright, Abby	05	Renfrew	3.87m NWI
12 Marquadt, Maddie	05	Madawaska Valley	3.83m NWI
13 Lyttle, Emma	05	Valour	3.72m NWI
14 Lorbetski, Lauren	05	Opeongo	3.71m NWI
15 Perry, Mackenzie	05	Bishop Smith	3.65m NWI
16 Brunatti, Allison	04	Fellowes HS	3.64m NWI

**Girls Triple Jump Senior**

Meet Record: 10.96m ! 2009-05-14 Emma Dobson

Name	Yr	School	Finals
<b>Finals</b>			
1 Dick, Isabelle	05	Renfrew	9.24m NWI
2 Marquadt, Maddie	05	Madawaska Valley	9.08m NWI
3 Degeer, Heyleigh	05	Valour	8.74m NWI
4 Osipenko, Danika	05	St. Joseph's	8.64m NWI
5 Lorbetski, Lauren	05	Opeongo	7.97m NWI
6 Perry, Mackenzie	05	Bishop Smith	7.91m NWI
7 Beanish, Logan	04	Bishop Smith	7.89m NWI
8 Cao, Sophia	04	Opeongo	7.60m NWI
9 Lyttle, Emma	05	Valour	6.89m NWI

**Girls Shot Put Senior**

Meet Record: 12.83m ! 1979 Melody Torcollacci

Name	Yr	School	Finals
<b>Finals</b>			
1 Swant, Julia	04	Opeongo	9.56m
2 Grozelle, Kaitlyn	03	Deep River	8.46m
3 Sweeney, Morgan	04	Opeongo	8.00m
4 Jessup, Hope	05	Madawaska Valley	7.34m
5 Stephenson, Jorja	05	Deep River	7.14m
6 Cao, Sophia	04	Opeongo	6.92m

**Girls Discus Throw Senior**

Meet Record: 46.76m ! 2007 Caitlin Vandodewaard

Name	Yr	School	Finals
<b>Finals</b>			
1 Ogilvie, Kylie	03	Arnprior	26.81m
2 Hennessy, Jill	05	Arnprior	25.88m
3 Crouzat, Skye	04	Valour	25.07m
4 Swant, Julia	04	Opeongo	23.56m
5 Sweeney, Morgan	04	Opeongo	22.44m
6 Collins, Takira	05	Valour	20.08m
7 Loader, Tatum	05	St. Joseph's	18.05m
8 Cao, Sophia	04	Opeongo	17.15m

**Girls Javelin Throw Senior**

Meet Record: 45.64m ! 1987 Louise Perrault

Name	Yr	School	Finals
<b>Finals</b>			
1 Jefferson, Eden	05	Deep River	25.97m

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Finals ... (Girls Javelin Throw Senior)**

Name	Yr	School	Finals
2 McGrath, Emma	04	Opeongo	25.71m
3 Edmonds, Claire	04	Bishop Smith	25.36m
4 Stephenson, Jorja	05	Deep River	24.19m
5 Lorbetzki, Lauren	05	Opeongo	23.98m
6 Loader, Tatum	05	St. Joseph's	23.84m
7 Osipenko, Danika	05	St. Joseph's	23.38m
8 Grozelle, Kaitlyn	03	Deep River	20.47m
9 Baltazar, Kirsten	05	Deep River	20.27m
10 Collins, Takira	05	Valour	18.34m
11 Crossman, Abi	04	Bishop Smith	18.33m
12 Tipenko, Maggie	05	Bishop Smith	18.32m
13 Perry, Mackenzie	05	Bishop Smith	17.00m
14 Wright, Abby	05	Renfrew	16.89m
15 Moreau, Dana	05	Fellowes HS	15.72m
16 Hyatt, Sam	05	Opeongo	15.68m

**Girls 2000 Meter Steeplechase Open**

Meet Record: 8:29.31 ! 2019-05-08 Catherine Bell

Name	Yr	School	Finals
<b>Finals</b>			
1 Stonham, Louise	05	Arnprior	7:30.67!
2 Desarmia, Kira	05	Arnprior	9:01.05
3 Weber, Olivia	04	Arnprior	9:20.01

**Girls 4x400 Meter Relay Open**

Meet Record: 4:17.60 ! 2010 Renfrew

Team	Relay	Finals
<b>Finals</b>		
1 Arnprior	A	4:31.94
2 Opeongo	A	4:47.53
3 Bishop Smith	A	4:52.36
4 Deep River	A	5:09.64

**Boys 100 Meter Dash Novice**

Meet Record: 11.50 ! 2009-05-14 Patrice Wren

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Heideman, Logan	07	St. Joseph's	12.71q -0.4
2 Recoskie, Gavin	07	Opeongo	12.84q -0.4
3 Troke, Carter	07	St. Joseph's	13.04q -0.6
4 Nelson, Thomas	07	Madawaska Valley	13.15q -2.1
5 Edmonds, Charlie	07	Bishop Smith	13.28q -2.1
6 Harrington, James	07	Bishop Smith	13.29q -0.4
7 Lee, Avery	07	Arnprior	13.40q -2.1
8 Yeretch, Kane	07	St. Joseph's	13.54q -0.6
9 Pecarskie-Kuiack, Hayden	07	Madawaska Valley	13.69 -0.4
10 Hicks, Lawson	07	Bishop Smith	13.73 -2.1
11 Lamontagne, Zach	07	Arnprior	13.80 -2.1
12 Kelly, Aiden	07	Renfrew	14.00 -0.4
13 Palmer, William	07	Valour	14.01 -0.6
14 Morgan, Jenssen	07	Arnprior	14.24 -2.1
15 Haggarty-LeBlanc, Fionn	07	Valour	14.39 -2.1

16 Lebourveau, Ethan	07	Valour	14.41 -0.6
17 Arsenault, Anthony	07	St. Joseph's	14.53 -2.1
18 Howard, Ethan	07	Arnprior	14.82 -0.6
19 Eichstaedt, Lucas	07	Valour	15.07 -0.6
20 Luty, Kostya	08	Opeongo	16.79 -0.4

**Boys 100 Meter Dash Novice**

Meet Record: 11.50 ! 2009-05-14 Patrice Wren

Name	Yr	School	Finals
<b>Finals</b>			
1 Recoskie, Gavin	07	Opeongo	12.50 -0.2
2 Heideman, Logan	07	St. Joseph's	12.56 -0.2
3 Troke, Carter	07	St. Joseph's	12.96 -0.2
4 Harrington, James	07	Bishop Smith	12.97 -0.2
5 Nelson, Thomas	07	Madawaska Valley	12.99 -0.2
6 Lee, Avery	07	Arnprior	13.14 -0.2
7 Edmonds, Charlie	07	Bishop Smith	13.19 -0.2
8 Yeretch, Kane	07	St. Joseph's	13.64 -0.2

**Boys 200 Meter Dash Novice**

Meet Record: 23.72 ! 2014-05-16 Kurtis Gardiner

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Recoskie, Gavin	07	Opeongo	27.52q -2.9
2 Lee, Avery	07	Arnprior	28.73q -3.6
3 Pecarskie-Kuiack, Hayden	07	Madawaska Valley	29.01q -2.9
4 Morgan, Jenssen	07	Arnprior	29.16q -2.1
5 Lebourveau, Ethan	07	Valour	30.07q -2.9
6 Palmer, William	07	Valour	30.10q -2.9
7 Marcellus, Matthew	07	Arnprior	30.88q -3.6
8 Mittag, Cohen	07	Opeongo	32.63q -2.1
9 Downey, Owen	06	Valour	33.01 -2.1
10 Sayeed, Hasin	07	Valour	33.11 -2.1
11 Paterson, Ryan	07	Esc Jeanne-L	33.21 -2.1
12 Clouthier, Jordan	07	Arnprior	35.14 -3.6
13 Luty, Kostya	08	Opeongo	36.64 -2.9

**Boys 200 Meter Dash Novice**

Meet Record: 23.72 ! 2014-05-16 Kurtis Gardiner

Name	Yr	School	Finals
<b>Finals</b>			
1 Recoskie, Gavin	07	Opeongo	26.07 -1.9
2 Lee, Avery	07	Arnprior	27.55 -1.9
3 Pecarskie-Kuiack, Hayden	07	Madawaska Valley	28.47 -1.9
4 Morgan, Jenssen	07	Arnprior	28.78 -1.9
5 Palmer, William	07	Valour	29.44 -1.9
6 Marcellus, Matthew	07	Arnprior	29.77 -1.9
7 Lebourveau, Ethan	07	Valour	30.78 -1.9
8 Mittag, Cohen	07	Opeongo	32.30 -1.9



**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Boys 400 Meter Dash Novice**

Meet Record: 55.25 ! 2008-05-14 Jamie Moore

Name	Yr	School	Finals
<b>Finals</b>			
1	Recoskie, Gavin	07 Opeongo	57.94
2	Rebertz, Bryce	07 St. Joseph's	59.58
3	Walsh, Noah	06 Valour	1:00.29
4	Flegal, Aidan	07 St. Joseph's	1:01.04
5	Yeretch, Kane	07 St. Joseph's	1:02.97
6	Pecarskie-Kuiack, Hayden	07 Madawaska Valley	1:03.64
7	Copeland, Andy	07 Opeongo	1:04.14
8	Nelson, Thomas	07 Madawaska Valley	1:05.67
9	Howard, Ethan	07 Arnprior	1:08.61
10	Mittag, Cohen	07 Opeongo	1:10.41
11	Hebner, Grayson	07 Esc Jeanne-L	1:11.67
12	Sayeed, Hasin	07 Valour	1:12.15
13	Downey, Owen	06 Valour	1:14.86
14	Neville, Carter	07 Valour	1:20.07

**Boys 800 Meter Run Novice**

Meet Record: 2:08.52 ! 2008-05-14 Tristan Woodfine

Name	Yr	School	Finals
<b>Finals</b>			
1	Kenny, Malachi	07 Bishop Smith	2:08.38!
2	Walsh, Noah	06 Valour	2:30.85
3	Copeland, Andy	07 Opeongo	2:39.66
4	Bailey, Mark	07 St. Joseph's	2:44.05
5	Hebner, Grayson	07 Esc Jeanne-L	2:54.23
6	Francis, Owen	07 Bishop Smith	2:58.38

**Boys 1500 Meter Run Novice**

Meet Record: 4:16.19 ! 2008-05-14 Tristan Woodfine

Name	Yr	School	Finals
<b>Finals</b>			
1	Kenny, Malachi	07 Bishop Smith	4:30.10
2	Daber, Owen	07 Renfrew	5:07.82
3	Bergeron, Édouard	07 Esc Jeanne-L	5:33.09
4	Hopkins, Cameron	07 Deep River	5:38.83
5	Bailey, Mark	07 St. Joseph's	5:48.05
6	Francis, Owen	07 Bishop Smith	6:13.10
7	Hebner, Grayson	07 Esc Jeanne-L	6:29.57

**Boys 3000 Meter Run Novice**

Meet Record: 9:09.71 ! 2008-05-14 Tristan Woodfine

Name	Yr	School	Finals
<b>Finals</b>			
1	Kenny, Malachi	07 Bishop Smith	10:18.32
2	Daber, Owen	07 Renfrew	11:26.50
3	Bergeron, Édouard	07 Esc Jeanne-L	12:19.21
4	Hopkins, Cameron	07 Deep River	12:21.89
5	Bailey, Mark	07 St. Joseph's	12:48.72

**Boys 100 Meter Hurdles Novice**

Meet Record: 14.70 ! 2010 Jacob Plunkett

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Clouthier, Jordan	07 Arnprior	20.31q -1.3
2	Wertwyn, Daniel	07 Arnprior	20.93q -1.3

**Boys 100 Meter Hurdles Novice**

Meet Record: 14.70 ! 2010 Jacob Plunkett

Name	Yr	School	Finals
<b>Finals</b>			
1	Clouthier, Jordan	07 Arnprior	20.31 -1.3
2	Wertwyn, Daniel	07 Arnprior	20.93 -1.3

**Boys 300 Meter Hurdles Novice**

Meet Record: 43.44 ! 2011-05-13 Nathan Toman

Name	Yr	School	Finals
<b>Finals</b>			
1	Daber, Owen	07 Renfrew	52.29
2	Clouthier, Jordan	07 Arnprior	1:00.67

**Boys 4x100 Meter Relay Novice**

Meet Record: 47.60 ! 2010 Arnprior

Team	Relay	Finals
<b>Finals</b>		
1	St. Joseph's	A 49.80
2	Bishop Smith	A 51.63
3	Arnprior	A 52.88
4	Valour	A 55.63
5	Opeongo	A 1:01.79

**Boys High Jump Novice**

Meet Record: 1.76m ! 2017-05-12 Ethan Fitch

Name	Yr	School	Finals
<b>Finals</b>			
1	Sheldrick, Kane	07 Arnprior	1.50m
2	Kelly, Aiden	07 Renfrew	J1.50m
3	Lamontagne, Zach	07 Arnprior	1.40m
4	Robinson, Austin	07 Renfrew	1.20m
---	Marcellus, Matthew	07 Arnprior	NH

**Boys Long Jump Novice**

Meet Record: 5.69m ! 2016-05-13 Sean McCloskey

Name	Yr	School	Finals
<b>Finals</b>			
1	Edmonds, Charlie	07 Bishop Smith	5.13m NWI
2	Morgan, Jenson	07 Arnprior	5.11m NWI
3	Heideman, Logan	07 St. Joseph's	5.04m NWI
4	Haggarty-LeBlanc, Fionn	07 Valour	4.95m NWI
5	Yeretch, Kane	07 St. Joseph's	4.94m NWI
6	Arsenault, Anthony	07 St. Joseph's	4.62m NWI
7	Lamontagne, Zach	07 Arnprior	4.52m NWI
8	Palmer, William	07 Valour	4.48m NWI
9	Troke, Carter	07 St. Joseph's	4.27m NWI

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Finals ... (Boys Long Jump Novice)**

Name	Yr	School	Finals
10 Mittag, Cohen	07	Opeongo	4.25m NWI
11 Lee, Avery	07	Arnprior	4.15m NWI
12 Flegal, Aidan	07	St. Joseph's	4.12m NWI
13 Keith, Devon	07	Bishop Smith	4.11m NWI
14 Marcellus, Matthew	07	Arnprior	3.90m NWI
15 Pole, Brennan	08	Renfrew	3.86m NWI
16 Neville, Carter	07	Valour	3.78m NWI
17 Samson, Declan	07	Bishop Smith	3.76m NWI
18 Kelly, Jack	07	Bishop Smith	3.51m NWI
19 Bradley, Noah	07	Valour	2.99m NWI
20 Kelly, Aiden	07	Renfrew	0.21m NWI

**Boys Triple Jump Novice**

Meet Record: 11.44m ! 2018-05-15 Aiden Cruchet

Name	Yr	School	Finals
<b>Finals</b>			
1 Pole, Brennan	08	Renfrew	8.51m NWI
2 Wertwyn, Daniel	07	Arnprior	8.29m NWI

**Boys Shot Put Novice**

Meet Record: 13.46m ! 2014-05-15 Justin Smith

Name	Yr	School	Finals
<b>Finals</b>			
1 Whitelaw, Brandt	07	Deep River	10.98m
2 Gowers, Austin	07	Bishop Smith	10.97m
3 Debruyne, Ayden	07	Renfrew	10.26m
4 Hicks, Lawson	07	Bishop Smith	9.91m
5 Howard, Ethan	07	Arnprior	9.10m
6 Rodrigue, Tyler	07	Bishop Smith	8.99m
7 Butts, Karson	07	Bishop Smith	8.60m
8 Bradley, Noah	07	Valour	8.13m
9 Charron, Colin	07	Renfrew	7.83m

**Boys Discus Throw Novice**

Meet Record: 46.80m ! 2010 Darby Charkavi

Name	Yr	School	Finals
<b>Finals</b>			
1 Debruyne, Ayden	07	Renfrew	32.52m
2 Gowers, Austin	07	Bishop Smith	29.34m
3 Haggarty-LeBlanc, Fionn	07	Valour	28.58m
4 Osipenko, Kolton	07	St. Joseph's	28.34m
5 Scobie, Corson	07	St. Joseph's	25.37m
6 Rodrigue, Tyler	07	Bishop Smith	24.81m
7 Wertwyn, Daniel	07	Arnprior	24.48m
8 Bradley, Noah	07	Valour	23.07m
9 Lebourveau, Ethan	07	Valour	21.78m
10 Butts, Karson	07	Bishop Smith	21.70m
11 Sheldrick, Kane	07	Arnprior	21.15m
12 Eichstaedt, Lucas	07	Valour	20.98m
13 Harrington, James	07	Bishop Smith	20.08m

**Boys Javelin Throw Novice**

Meet Record: 43.88m ! 2005 Alex Lavoie

Name	Yr	School	Finals
<b>Finals</b>			
1 Sheldrick, Kane	07	Arnprior	29.31m
2 Harrington, James	07	Bishop Smith	29.06m
3 Rodrigue, Tyler	07	Bishop Smith	26.72m
4 Osipenko, Kolton	07	St. Joseph's	25.99m
5 Scobie, Corson	07	St. Joseph's	23.84m
6 Whitelaw, Brandt	07	Deep River	21.71m
7 Butts, Karson	07	Bishop Smith	20.21m
8 Kelly, Jack	07	Bishop Smith	18.74m
9 Neville, Carter	07	Valour	16.68m

**Boys 100 Meter Dash Junior**

Meet Record: 11.37 ! 2011-05-12 Jacob Plunkett

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Forstner, Ashton	06	St. Joseph's	12.67q -1.6
2 Brunet, Keegan	06	Arnprior	12.70q -1.5
3 Copeland, Liam	06	Opeongo	12.77q -1.5
4 Laloi, Nathan	06	Fellowes HS	12.80q -1.3
5 Pilatzke, Ryan	06	Bishop Smith	12.86q -1.6
6 Facina, Peter	06	Deep River	13.14q -1.5
7 Rebertz, Bryce	07	St. Joseph's	13.17q -1.3
8 Maggio, Noah	06	Valour	13.22q -1.5
9 Yutronkie, Jacob	06	Bishop Smith	13.55 -1.5
10 Rennie, Connor	06	St. Joseph's	13.62 -1.3
11 Rocco, Dante	06	Arnprior	13.63 -1.3
12 Luty, Mykola	06	Opeongo	13.77 -1.3
13 Redmond, Owen	06	Arnprior	13.78 -1.6
14 Jerror, Curtis	06	St. Joseph's	13.89 -1.5
15 Munk, Kyle	06	Opeongo	14.06 -1.6
16 Tremblay, Kye	06	Madawaska Valley	14.21 -1.5
17 Nguyen, Tomi	06	Arnprior	14.42 -1.6
18 Fitzpatrick, Tyler	06	Madawaska Valley	15.41 -1.3

**Boys 100 Meter Dash Junior**

Meet Record: 11.37 ! 2011-05-12 Jacob Plunkett

Name	Yr	School	Finals
<b>Finals</b>			
1 Brunet, Keegan	06	Arnprior	12.44 -2.2
2 Forstner, Ashton	06	St. Joseph's	12.57 -2.2
3 Copeland, Liam	06	Opeongo	12.76 -2.2
4 Pilatzke, Ryan	06	Bishop Smith	12.90 -2.2
5 Maggio, Noah	06	Valour	12.95 -2.2
6 Laloi, Nathan	06	Fellowes HS	13.01 -2.2
7 Rebertz, Bryce	07	St. Joseph's	13.41 -2.2
8 Facina, Peter	06	Deep River	13.44 -2.2

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Boys 200 Meter Dash Junior**

Meet Record: 23.25 ! 2011-05-13 Jacob Plunkett

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Forstner, Ashton	06 St. Joseph's	26.20q -3.3
2	Copeland, Liam	06 Opeongo	26.44q -4.3
3	Lavictoire, Ethan	06 St. Joseph's	26.72q -3.3
4	Maggio, Noah	06 Valour	26.93q -4.3
5	Redmond, Owen	06 Arnprior	27.31q -3.3
6	Roach, Logan	06 Opeongo	28.22q -3.5
7	Cooper, Aidan	06 Bishop Smith	28.54q -3.5
8	Rennie, Connor	06 St. Joseph's	28.58q -4.3
9	Wojcik, Alex	06 Esc Jeanne-L	29.05 -4.3
10	Jerror, Curtis	06 St. Joseph's	29.08 -3.5
11	Kenny, Nolan	06 Bishop Smith	29.27 -3.5
12	Luty, Mykola	06 Opeongo	29.53 -3.3
13	Lacroix, Xavier	06 Arnprior	30.10 -4.3

**Boys 200 Meter Dash Junior**

Meet Record: 23.25 ! 2011-05-13 Jacob Plunkett

Name	Yr	School	Finals
<b>Finals</b>			
1	Copeland, Liam	06 Opeongo	25.86 -2.5
2	Forstner, Ashton	06 St. Joseph's	26.10 -2.5
3	Maggio, Noah	06 Valour	26.61 -2.5
4	Lavictoire, Ethan	06 St. Joseph's	26.84 -2.5
5	Roach, Logan	06 Opeongo	28.24 -2.5
6	Rennie, Connor	06 St. Joseph's	28.31 -2.5
7	Cooper, Aidan	06 Bishop Smith	28.38 -2.5

**Boys 400 Meter Dash Junior**

Meet Record: 52.75 ! 2015-05-14 Nicholas Bauernschmitt

Name	Yr	School	Finals
<b>Finals</b>			
1	Copeland, Liam	06 Opeongo	57.73
2	Lavictoire, Ethan	06 St. Joseph's	59.79
3	Maggio, Noah	06 Valour	1:00.38
4	Bradley, Parker	06 Arnprior	1:02.10
5	Cooper, Aidan	06 Bishop Smith	1:02.54
6	Wojcik, Alex	06 Esc Jeanne-L	1:02.61
7	Lacroix, Xavier	06 Arnprior	1:04.20
8	Roach, Logan	06 Opeongo	1:04.54
9	Jones, Zach	06 Bishop Smith	1:06.63
10	Kenny, Nolan	06 Bishop Smith	1:07.22
11	Jenkins, Austin	06 Valour	1:11.57

**Boys 800 Meter Run Junior**

Meet Record: 2:03.85 ! 2019-05-08 Keaton McGrath

Name	Yr	School	Finals
<b>Finals</b>			
1	Bradley, Parker	06 Arnprior	2:24.01
2	Throop, Liam	06 Bishop Smith	2:27.76
3	Knockleby, Wyatt	06 Valour	2:32.07

4	Kenny, Nolan	06 Bishop Smith	2:33.82
5	Hamilton, Rudyard	06 Bishop Smith	2:34.73
6	Lacroix, Xavier	06 Arnprior	2:34.85
7	Gallas, Justin	06 Valour	2:43.92

**Boys 1500 Meter Run Junior**

Meet Record: 4:09.02 ! 2009-05-14 Tristan Woodfine

Name	Yr	School	Finals
<b>Finals</b>			
1	Lavictoire, Ethan	06 St. Joseph's	4:51.06
2	Knockleby, Wyatt	06 Valour	4:56.11
3	Bradley, Parker	06 Arnprior	4:56.48
4	Throop, Liam	06 Bishop Smith	5:02.50
5	Gagnon, Xavier	06 Esc Jeanne-L	5:26.25
6	Gallas, Justin	06 Valour	5:44.58
7	Tremblay, Kye	06 Madawaska Valley	6:08.57
8	Buxton, Charlie	06 Renfrew	6:29.20

**Boys 3000 Meter Run Junior**

Meet Record: 8:48.96 ! 2009-05-14 Tristan Woodfine

Name	Yr	School	Finals
<b>Finals</b>			
1	Gagnon, Xavier	06 Esc Jeanne-L	11:59.59
2	Knockleby, Wyatt	06 Valour	11:59.88
3	Gallas, Justin	06 Valour	12:45.45

**Boys 100 Meter Hurdles Junior**

Meet Record: 14.13 ! 2013-05-17 Nathan Toman

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	McKenna, Samuel	06 Bishop Smith	20.11q 0.2
2	Nguyen, Tomi	06 Arnprior	20.21q 0.2
3	Rennie, Connor	06 St. Joseph's	20.28q 0.2

**Boys 100 Meter Hurdles Junior**

Meet Record: 14.13 ! 2013-05-17 Nathan Toman

Name	Yr	School	Finals
<b>Finals</b>			
1	McKenna, Samuel	06 Bishop Smith	20.11 0.2
2	Nguyen, Tomi	06 Arnprior	20.21 0.2
3	Rennie, Connor	06 St. Joseph's	20.28 0.2

**Boys 300 Meter Hurdles Junior**

Meet Record: 41.06 ! 2013-05-18 Nathan Toman

Name	Yr	School	Finals
<b>Finals</b>			
1	Gagnon, Xavier	06 Esc Jeanne-L	54.77

**Boys 4x100 Meter Relay Junior**

Meet Record: 46.60 ! 2010 Arnprior

Team	Relay	Finals
<b>Finals</b>		
1	Bishop Smith	A 52.08
2	Opeongo	A 52.18
3	Arnprior	A 52.52

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Finals ... (Boys 4x100 Meter Relay Junior)**

Team	Relay	Finals
4 St. Joseph's	A	55.05
5 Madawaska Valley	A	56.05
1) Pecarskie-Kuiack, Hayden 07	2) Nelson, Thomas 07	
3) Fitzpatrick, Tyler 06	4) Nicholson, Jeremiah 06	

**Boys High Jump Junior**Meet Record: **1.80m ! 2018-05-15 Ethan Fitch**

Name	Yr	School	Finals
1 Brunet, Keegan	06	Arnprior	1.65m
2 Letourneau, Dean	06	Arnprior	1.65m
3 Facina, Peter	06	Deep River	1.55m
4 Lavallee, Emmett	06	Renfrew	1.45m
5 Yellisyejev, Yaro	06	Valour	1.40m

**Boys Long Jump Junior**Meet Record: **5.81m ! 2018-05-15 Luke Hansen**

Name	Yr	School	Finals
1 Pilatzke, Ryan	06	Bishop Smith	5.56m NWI
2 Brunet, Keegan	06	Arnprior	5.49m NWI
3 Facina, Peter	06	Deep River	5.32m NWI
4 Redmond, Owen	06	Arnprior	5.32m NWI
5 Laloi, Nathan	06	Fellowes HS	4.91m NWI
6 Lavallee, Emmett	06	Renfrew	4.78m NWI
7 Rocco, Dante	06	Arnprior	4.58m NWI
8 McKenna, Samuel	06	Bishop Smith	4.50m NWI
9 Jenkins, Austin	06	Valour	3.93m NWI
10 Tremblay, Kye	06	Madawaska Valley	3.78m NWI
11 Jessup, Asher	06	Madawaska Valley	3.60m NWI

**Boys Triple Jump Junior**Meet Record: **12.31m ! 2018-05-15 Luke Hansen**

Name	Yr	School	Finals
1 Pilatzke, Ryan	06	Bishop Smith	11.01m NWI
2 Crozier, Wyatt	06	Renfrew	10.86m NWI
3 Jessup, Asher	06	Madawaska Valley	7.81m NWI

**Boys Shot Put Junior**Meet Record: **15.54m ! 2017-05-12 Dakota Perrin**

Name	Yr	School	Finals
1 Fitzpatrick, Tyler	06	Madawaska Valley	11.05m
2 Forrest, Hayden	06	Renfrew	10.76m
3 Nicholson, Jeremiah	06	Madawaska Valley	9.85m
4 Gerroir, Shawn	06	Valour	9.63m
5 Ford, Devon	06	Valour	9.49m
6 Wrigglesworth, Luke	06	Bishop Smith	9.25m
7 Sell, Matthew	06	Bishop Smith	8.40m
8 Arsenault, Nick	06	Valour	8.38m
9 Nichol, William	06	Bishop Smith	8.23m
10 Hamilton, Rudyard	06	Bishop Smith	8.23m

11 Fletcher, Finley	06	Renfrew	7.70m
12 Jessup, Asher	06	Madawaska Valley	6.68m

**Boys Discus Throw Junior**Meet Record: **49.02m ! 2004 Zak Kolkowski**

Name	Yr	School	Finals
1 Crozier, Wyatt	06	Renfrew	34.16m
2 McCabe, Josh	06	Valour	29.33m
3 Chiasson, Cameron	06	Bishop Smith	27.82m
4 Lavallee, Emmett	06	Renfrew	27.35m
5 Ford, Devon	06	Valour	26.36m
6 Yutronkie, Jacob	06	Bishop Smith	25.33m
7 Letourneau, Dean	06	Arnprior	23.03m
8 Forrest, Hayden	06	Renfrew	21.98m
9 Sell, Matthew	06	Bishop Smith	20.52m
10 Fletcher, Finley	06	Renfrew	20.28m
11 Arsenault, Nick	06	Valour	17.59m

**Boys Javelin Throw Junior**Meet Record: **48.32m ! 2004 Zak Kolkowski**

Name	Yr	School	Finals
1 Nguyen, Tomi	06	Arnprior	34.46m
2 Chiasson, Cameron	06	Bishop Smith	32.59m
3 Forrest, Hayden	06	Renfrew	31.61m
4 Wrigglesworth, Luke	06	Bishop Smith	30.72m
5 Sell, Matthew	06	Bishop Smith	28.34m
6 Crozier, Wyatt	06	Renfrew	26.60m
7 Ford, Devon	06	Valour	26.47m
8 Letourneau, Dean	06	Arnprior	25.14m
9 McLaren, Kalen	06	Deep River	23.88m
10 Nichol, William	06	Bishop Smith	22.09m
11 Yellisyejev, Yaro	06	Valour	19.49m
12 McCabe, Josh	06	Valour	15.16m
13 Arsenault, Nick	06	Valour	14.59m

**Boys 100 Meter Dash Senior**Meet Record: **10.80 ! 1968 G. McLellan**

Name	Yr	School	Prelims
1 Clark, Landen	05	Valour	12.38q -1.4
2 Crozier, Keegan	22	St. Joseph's	12.52q -2.0
3 Cameron, Brandon	04	St. Joseph's	12.65q -2.0
3 Wang, Derek	05	Deep River	12.65q -1.4
5 Vandenheuvel, Thomas	04	Fellowes HS	12.76q -1.4
6 Allard, Simon	05	Bishop Smith	12.76q -1.8
7 Morel, Jacob	04	Fellowes HS	12.90q -2.0
8 Tubby, Liam	04	Opeongo	12.92q -2.0
9 Slusar, Ethan	04	Bishop Smith	12.94 -2.0
10 Lemieux, Andrew	03	Opeongo	13.00 -1.8
11 Léveillé, Caleb	04	Esc Jeanne-L	13.02 -1.8
12 Scobie, Craig	04	Arnprior	13.04 -1.8
13 Vincent, Connor	01	Opeongo	13.11 -1.8

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Preliminaries ... (Boys 100 Meter Dash Senior)**

Name	Yr	School	Prelims
14 Newman, Aidan	04	Opeongo	13.16 -1.4
15 Thompson, Makai	22	Valour	13.21 -1.4
16 Westen, Joseph	02	Bishop Smith	13.61 -1.8
17 Westen, Benedict	05	Bishop Smith	13.73 -1.4

**Boys 100 Meter Dash Senior**

**Meet Record: 10.80 ! 1968 G. McLellan**

Name	Yr	School	Finals
<b>Finals</b>			
1 Crozier, Keegan	22	St. Joseph's	12.05 0.5
2 Clark, Landen	05	Valour	12.14 0.5
3 Wang, Derek	05	Deep River	12.27 0.5
4 Allard, Simon	05	Bishop Smith	12.38 0.5
5 Cameron, Brandon	04	St. Joseph's	12.43 0.5
6 Vandenheuvel, Thomas	04	Fellowes HS	12.47 0.5
7 Morel, Jacob	04	Fellowes HS	12.54 0.5
8 Tubby, Liam	04	Opeongo	12.54 0.5

**Boys 200 Meter Dash Senior**

**Meet Record: 21.80 ! 1964 A. Jamieson**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Clark, Landen	05	Valour	25.40q -1.1
2 Vandenheuvel, Thomas	04	Fellowes HS	25.93q -1.1
3 Cameron, Brandon	04	St. Joseph's	26.02q -3.8
4 Lemieux, Andrew	03	Opeongo	26.58q -1.1
5 Léveillé, Caleb	04	Esc Jeanne-L	26.72q -3.8
6 Newman, Aidan	04	Opeongo	26.87q -2.8
7 Cobus, Hunter	05	Bishop Smith	27.07q -1.1
8 Morel, Jacob	04	Fellowes HS	27.16q -2.8
9 Lessard, Spencer	03	Bishop Smith	27.66 -1.1
10 Westen, Benedict	05	Bishop Smith	27.81 -2.8
11 Gale, Jeremy	04	St. Joseph's	27.95 -3.8
12 Beanish, Cayden	05	Bishop Smith	28.21 -3.8
13 Cybulski, Blake	05	Madawaska Valley	29.20 -2.8
14 Brazeau, Quincy	22	Valour	29.38 -3.8
15 Breckon, Lance	05	Deep River	30.98 -3.8
16 Magill, Quinn	04	Valour	33.29 -2.8

**Boys 200 Meter Dash Senior**

**Meet Record: 21.80 ! 1964 A. Jamieson**

Name	Yr	School	Finals
<b>Finals</b>			
1 Clark, Landen	05	Valour	25.64 -2.2
2 Cameron, Brandon	04	St. Joseph's	25.66 -2.2
3 Léveillé, Caleb	04	Esc Jeanne-L	25.91 -2.2
4 Vandenheuvel, Thomas	04	Fellowes HS	26.05 -2.2
5 Lemieux, Andrew	03	Opeongo	26.35 -2.2
6 Morel, Jacob	04	Fellowes HS	26.74 -2.2
7 Newman, Aidan	04	Opeongo	26.77 -2.2
8 Cobus, Hunter	05	Bishop Smith	27.27 -2.2

**Boys 400 Meter Dash Senior**

**Meet Record: 50.14 ! 2006 Dan Moreland**

Name	Yr	School	Finals
<b>Finals</b>			
1 Larouche, Marc-Antoine	04	Esc Jeanne-L	55.85
2 Slusar, Ethan	04	Bishop Smith	56.52
3 Peplinski, Jack	04	Madawaska Valley	58.43
4 Cobus, Hunter	05	Bishop Smith	59.44
5 Green, Roland	04	Valour	1:01.25
6 Westen, Lucas	05	Bishop Smith	1:04.29
7 Brazeau, Quincy	22	Valour	1:05.83

**Boys 800 Meter Run Senior**

**Meet Record: 1:58.83 ! 2018-05-15 Nicholas Bauernschmitt**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kenny, Jesse	05	Bishop Smith	2:14.83
2 Buxton, Samuel	04	Renfrew	2:19.81
3 Dadhiala, Jay	05	Deep River	2:37.43
4 Hoffmann-Brais, Spencer	04	St. Joseph's	2:40.93
5 Lessard, Spencer	03	Bishop Smith	2:41.66
6 Macintosh, Duncan	04	Bishop Smith	2:50.68

**Boys 1500 Meter Run Senior**

**Meet Record: 4:05.27 ! 2009 Will Dick**

Name	Yr	School	Finals
<b>Finals</b>			
1 Epp, Daniel	04	Valour	4:30.22
2 Arsenaault, Ben	22	Valour	4:37.44
3 Kenny, Jesse	05	Bishop Smith	4:37.51
4 McDonald, Liam	05	Deep River	4:43.41
5 Hoffmann-Brais, Spencer	04	St. Joseph's	5:18.76
6 Dadhiala, Jay	05	Deep River	5:20.16
7 Keddy, Kaleb	05	Bishop Smith	5:27.39

**Boys 3000 Meter Run Senior**

**Meet Record: 8:49.30 ! 2010 Tristan Woodfine**

Name	Yr	School	Finals
<b>Finals</b>			
1 Epp, Daniel	04	Valour	9:50.89
2 Arsenaault, Ben	22	Valour	10:19.44
3 McDonald, Liam	05	Deep River	10:58.92
4 Kenny, Jesse	05	Bishop Smith	11:30.78
5 Hoffmann-Brais, Spencer	04	St. Joseph's	12:28.58
6 Green, Roland	04	Valour	12:28.77
7 Evans, Jesse	05	Bishop Smith	14:13.61

**Boys 110 Meter Hurdles Senior**

**Meet Record: 13.63 ! 2013-05-17 Jacob Plunkett**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Scobie, Craig	04	Arnprior	17.21q -1.0
2 Adlam, Joel	03	Bishop Smith	20.44q -1.0

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results****Preliminaries ... (Boys 110 Meter Hurdles Senior)**

Name	Yr	School	Prelims
3 Westen, Joseph	02	Bishop Smith	20.96q -1.0
4 Westen, Benedict	05	Bishop Smith	21.40q -1.0

**Boys 110 Meter Hurdles Senior**

**Meet Record: 13.63 ! 2013-05-17 Jacob Plunkett**

Name	Yr	School	Finals
<b>Finals</b>			
1 Scobie, Craig	04	Arnprior	17.21 -1.0
2 Adlam, Joel	03	Bishop Smith	20.44 -1.0
3 Westen, Joseph	02	Bishop Smith	20.96 -1.0
4 Westen, Benedict	05	Bishop Smith	21.40 -1.0

**Boys 400 Meter Hurdles Senior**

**Meet Record: 57.70 ! 1988 J. Bacon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Scobie, Craig	04	Arnprior	1:08.10
2 Adlam, Joel	03	Bishop Smith	1:17.95
3 Cupelli, Xander	04	Bishop Smith	1:19.60

**Boys 4x100 Meter Relay Senior**

**Meet Record: 45.16 ! 2011-05-12 Arnprior**

Team	Relay	Finals
<b>Finals</b>		
1 St. Joseph's	A	48.66
2 Opeongo	A	50.17
3 Fellowes HS	A	50.82
4 Madawaska Valley	A	51.56
1) Eddy, Nathan 05 3) Vandenheuvel, Thomas 04	2) Morel, Jacob 04 4) Hilt, Kadin 22	
1) Peplinski, Jack 04 3) Fabian, Curtis 05	2) Shulist, Jack 04 4) Summers, Jordan 04	
--- Bishop Smith	A	DQ

**Boys High Jump Senior**

**Meet Record: 1.95m ! 1991 N. Hallett / S. Jaradeleza**

Name	Yr	School	Finals
<b>Finals</b>			
1 Egan, Jack	05	Opeongo	1.65m
2 Buxton, Samuel	04	Renfrew	1.60m
3 Brennan, Noah	04	Esc Jeanne-L	J1.60m
4 Demmons, Myles	04	Opeongo	1.55m
5 Prins, Austin	04	Opeongo	1.50m
6 Hebert, Chris	04	Arnprior	1.45m
7 Larouche, Marc-Antoine	04	Esc Jeanne-L	1.40m
7 Davis, Liam	05	Opeongo	1.40m

**Boys Long Jump Senior**

**Meet Record: 6.36m ! 1989 D. Madaire**

Name	Yr	School	Finals
<b>Finals</b>			
1 Crozier, Keegan	22	St. Joseph's	5.62m NWI
2 Hilt, Kadin	22	Fellowes HS	J5.62m NWI
3 Egan, Jack	05	Opeongo	5.46m NWI

4 Costello, Nolan	05	Bishop Smith	5.37m NWI
5 Wang, Derek	05	Deep River	5.36m NWI
6 Vincent, Connor	01	Opeongo	J5.36m NWI
7 Fabian, Curtis	05	Madawaska Valley	5.35m NWI
8 Tubby, Liam	04	Opeongo	5.21m NWI
9 Lessard, Spencer	03	Bishop Smith	5.02m NWI
10 Cybulski, Blake	05	Madawaska Valley	4.98m NWI
11 Larouche, Marc-Antoine	04	Esc Jeanne-L	4.94m NWI
12 Westen, Joseph	02	Bishop Smith	4.92m NWI
13 Summers, Jordan	04	Madawaska Valley	4.87m NWI
14 Gale, Jeremy	04	St. Joseph's	4.86m NWI
15 Thompson, Makai	22	Valour	4.61m NWI
16 Brazeau, Quincy	22	Valour	4.35m NWI
17 Sullivan, Jamison	04	Madawaska Valley	4.19m NWI
18 Wotherspoon, Robert	05	Bishop Smith	3.96m NWI

**Boys Shot Put Senior**

**Meet Record: 17.19m ! 1996 Greg Heubner**

Name	Yr	School	Finals
<b>Finals</b>			
1 Demmons, Myles	04	Opeongo	11.40m
2 Davis, Liam	05	Opeongo	10.45m
3 Walker, Logan	05	Fellowes HS	J10.45m
4 Wyatt, Eric	05	Arnprior	10.10m
5 Taylor, Braydon	04	Deep River	9.84m
6 Shiman, Arseny	05	Bishop Smith	9.70m
7 Sullivan, Jamison	04	Madawaska Valley	9.11m
8 Dowd, Rian	05	Bishop Smith	9.10m
9 Keddy, Kaleb	05	Bishop Smith	8.51m
10 Macewan, Luke	05	Deep River	8.28m
11 Morel, Issac	05	Fellowes HS	8.19m

**Boys Discus Throw Senior**

**Meet Record: 52.42m ! 1997 Greg Heubner**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wyatt, Eric	05	Arnprior	30.78m
2 Scobie, Landon	05	Renfrew	29.54m
3 Demmons, Myles	04	Opeongo	29.37m
4 Doiron, Eric	05	Fellowes HS	28.43m
5 Walker, Logan	05	Fellowes HS	28.02m
6 Coughlin, Cameron	05	Opeongo	24.90m
7 Matthews, Noah	04	Renfrew	24.20m
8 Lapointe, Caden	22	Valour	23.95m
9 Hebert, Chris	04	Arnprior	22.53m
10 Evans, Jesse	05	Bishop Smith	21.00m
11 Shiman, Arseny	05	Bishop Smith	20.96m
12 Young, Scott	04	Valour	18.94m
13 Morel, Issac	05	Fellowes HS	18.89m

**Boys Javelin Throw Senior**

**Meet Record: 56.84m ! 2019-05-08 Mac Douglas**

Name	Yr	School	Finals
<b>Finals</b>			
1 Egan, Jack	05	Opeongo	37.78m

**UOVHSAA Championship  
Ottawa Lions Timing Team  
Terry Fox Athletic Facility**

**Results**

**Finals ... (Boys Javelin Throw Senior)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
2	Young, Scott	04	Valour	37.14m
3	Fleurie, Noah	04	Opeongo	36.88m
4	Crossman, Jacob	05	Bishop Smith	36.20m
5	Hebert, Chris	04	Arnprior	34.78m
6	Matthews, Noah	04	Renfrew	33.97m
7	Davis, Liam	05	Opeongo	33.66m
8	Walker, Logan	05	Fellowes HS	32.39m
9	Taylor, Braydon	04	Deep River	29.78m
10	Prins, Austin	04	Opeongo	29.59m
11	Gale, Jeremy	04	St. Joseph's	28.31m
12	Moore, Aaron	04	Fellowes HS	28.13m
13	Lapointe, Caden	22	Valour	27.48m
14	Breckon, Lance	05	Deep River	26.97m
15	Keddy, Kaleb	05	Bishop Smith	26.22m
16	Dowd, Rian	05	Bishop Smith	25.76m
17	Evans, Jesse	05	Bishop Smith	25.38m
18	Kirkpatrick, Logan	05	Deep River	22.04m
19	Scobie, Landon	05	Renfrew	21.09m
20	Wyatt, Eric	05	Arnprior	17.15m

**Boys 100 Meter Dash Intellectual**

**Meet Record: 14.23 ! 2019-05-08 Lucas Richardson**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Belanger, Josh	22	Valour	13.25! -0.8
2	Nieman, Draven	06	Bishop Smith	15.53 -0.8
3	Corbin, Gabe	22	Valour	15.65 -0.8
4	Magill, Quinn	04	Valour	15.78 -0.8
5	Bourgeois, Ethan	06	Opeongo	18.78 -0.8

**Boys 800 Meter Run Intellectual**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Belanger, Josh	22	Valour	2:42.98
2	Magill, Quinn	04	Valour	3:35.08
3	Corbin, Gabe	22	Valour	4:43.20

**Boys 2000 Meter Steeplechase Open**

**Meet Record: 6:09.25 ! 2005 Travis Holmes**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Hopkins, Cameron	07	Deep River	8:35.67
2	Cupelli, Xander	04	Bishop Smith	8:46.13

**Boys 4x400 Meter Relay Open**

**Meet Record: 3:36.00 ! 1965 Arnprior**

	<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>			
1	Opeongo	A	3:58.01
2	Arnprior	A	4:00.06
3	Bishop Smith	A	4:08.54
4	Esc Jeanne-L	A	4:12.73
	1) Brennan, Noah 04	2) Larouche, Marc-Antoine 04	
	3) Wojcik, Alex 06	4) Léveillé, Caleb 04	
5	St. Joseph's	A	4:17.18
6	Valour	A	4:52.77

**Boys 100 Meter Dash Intellectual**

**Meet Record: 14.23 ! 2019-05-08 Lucas Richardson**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelims</b>
<b>Preliminaries</b>				
1	Belanger, Josh	22	Valour	! 13.25q -0.8
2	Nieman, Draven	06	Bishop Smith	15.53q -0.8
3	Corbin, Gabe	22	Valour	15.65q -0.8
4	Magill, Quinn	04	Valour	15.78q -0.8
5	Bourgeois, Ethan	06	Opeongo	18.78q -0.8