

## UOVHSAA County Cross-Country Championships 2022

Wednesday October 19, 2022

hosted by BSCHS

**Location:** Hugli's Blueberry Ranch, 2139 Greenwood Road, Pembroke, ON K8A 6W2

**Coaches Race Package Pick-Up:** 8:30 - 9:00 am

### Race Times:

Division	Time	Distance
Stars	9:30 am	2 000 m
Novice girls	10:00 am	4 100 m
Novice boys	10:45 am	4 100 m
Junior girls	11:30 am	5 025 m
Junior boys	12:15 pm	5 025 m
Senior girls	1:00 pm	5 700 m
Senior boys	1:45 pm	5 700 m

\*\* Please note: We will attempt to start all races according to the schedule. Some races may have to start before all athletes of the previous race have finished.

**Entry information:** Your school's fee will be determined by 'total cost' divided by 'total number of participants'. Once we have that information we will send your respective amount. Please make cheques payable to "Bishop Smith High School". Please e-mail your entry list (see attached form) to [bkenney@rccdsb.edu.on.ca](mailto:bkenney@rccdsb.edu.on.ca) no later than Friday, Oct. 14th. I'll send a confirmation email.

**Parking:** There is ample parking at Huglis for all schools.

**Course:** The courses are a mix of grass, gravel, open, bush, flats and rolling hills. If it is raining parts of the course can be slippery without spikes. Maps attached.

**Awards:** Individual awards will be handed out at the finish line. Team awards can be picked up by the coaches at the awards/registration table.

If your school won an age category trophy last year, please bring it with you and hand it in at the registration/awards table.

**EOSSAA Information:** All EOSSAA information is available on the EOSSAA website [www.eossaa.on.ca](http://www.eossaa.on.ca). Athletes must start at the County meet to be eligible for EOSSAA (UOVHSAA rule).

**Eligibility:** Novices – must be in grade 9, born in 2008 or later (only 1 year of eligibility for novice). Juniors – born in 2007. Seniors – born in 2006, 2005, or 2004. Transfer students must have been declared eligible under the OFSAA transfer policy.

**Forms:** Eligibility forms are collected at EOSSAA. See the OFSAA or the EOSSAA cross-country website for the required forms.

**Washrooms:** There will be several porta-poties about Huglis.

**Event Shirts:** There are a limited number of 'Renfrew County Cross Country' long sleeve shirts available at a cost of \$25.00.

