

UOVHSAA ALPINE SKI REGULATIONS

Based on

EOSSAA ALPINE SKI REGULATIONS

Written 16 May 1988

Modified 02-10-30 (L. Gaffney)

Modified 07-09-20 (K. Dodds)

Modified 18-11-23 (D. Matthews)

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These shall follow OFSSA Playing Regulations

1. **DATE** Competition shall be held at least one week prior to EOSSAA meeting unless weather etc. decree otherwise. It must be held at such a time as to allow onward transmission of EOSSAA entries. EOSSAA is typically held the second week of February.
2. **LOCATION** The location of the Championship shall be decided by the convener. Prior arrangements must be made with the resort.
3. **EVENTS** The events to be conducted are:
High School and Open Levels
Girls' Giant Slalom, Girls' Slalom
Boys' Giant Slalom, Boys' Slalom

Definition of Teams and Team Members:

High School Team Racers: Participants are school-trained athletes only. They have NO ski league affiliation or race training beyond the U-12 category. They are high school trained only.

Open Team Racers: Participants are those skiers who have ski league affiliation and race training, beyond the U-12 category.

4. **MEET STRUCTURE** There shall be one course for both high school and open skiers. All skiers will complete one run in slalom and one run in giant slalom. Order to be determined by the convener.
5. **ENTRY** (a) Entries shall be accepted from Association conveners or designates only.
(b) Entries must be received by the UOVHSAA convener no later than one week prior to the meet. Late entries will only be accepted if they can be accommodated.
(c) Associations shall be allowed to enter one boys' team and one girls' team in each of the High School and Open races. Girls' and Boys' Teams shall be made up as follows: five (5) team members - five (5) to race; three (3) to count.
(d) Two female and two male racers may be selected to represent their School to race as individuals in the High School and Open competitions. Those schools entering teams and individuals must declare the individuals.
(e) All racers must be declared on the entry form. Substitutions may be allowed for reasons of injury, illness or exceptional circumstances at the discretion of the convener, providing that replacement racers meet UOVHSAA Eligibility Guidelines (see section 7). Coaches should be aware that NO substitutions may be made after EOSSAA.
(f) At least one coach or representative from each school must attend the pre-meet coaches' meeting in order for their school to participate in the UOVHSAA Championship. Failure to attend may result in the team's disqualification. If a team is not represented due to extenuating circumstances, the coach must notify the Competition Committee at the earliest opportunity.

6. **EXPENSES** A racer entry fee will be charged which shall be sufficient to cover operating costs of the Championship. Any team that does not attend the event at the last minute will be responsible for paying for their portion of the setup and medal fee.

7. **ELIGIBILITY**

- (a) To represent a school in any activity co-ordinated by the Federation a student **must**:
- (i) be eligible for competition under the Constitution, By-Laws and Standing Rules (Playing Regulations) of the Association to which his/her school belongs;
 - (ii) be certified as eligible by the Principal of the school;
 - (iii) meet the following age requirement: the individual's birth certificate indicates that he/she has not reached his/her **20th** birthday by August 31st prior to the start of the school year in which the competition is held;
 - (iv) be in Grades 9-12;
 - (v) be eligible under the OFSAA Transfer Policy (By-Law 5, Section 4(f));
 - (vi) be eligible for no more than five (5) consecutive years from date of entry into Grade 9 (By-Law 5, Section 4(g));
 - (vii) have signed the Rules of Behavior signature form for the competition;
 - (viii) have executed the Federation's "Release of Liability" form.
- (b) All racers must complete the racers profile form, which must be submitted with the entry form.
- (c) A member of the current year's provincial team (A, B or C), or higher, is ineligible for UOVHSAA competition.
- (d) UOVHSAA Co-educational Alpine Skiing is classified as a team sport. A school team skier is defined as an individual who practices under the direction and supervision of the designated teacher coach, as approved by the school principal, from November 1st until the UOVHSAA Championship. All UOVHSAA racers must have participated in a minimum of six (6) school practice sessions (dry land and on-hill). There must be on-hill training with the school team.
- (e) Each ski team member's attendance at school practices and school race dates should be documented.

8. **RULES AND OFFICIALS:**

The current F.I.S. Rule Book shall govern competition at the UOVHSAA Championship with the following exceptions:

(a) **STARTING ORDER**

Each school shall have a skier in each seed section. The first seed order shall be drawn randomly and each following seed will follow this same order. Each school must submit the order they wish their skiers to appear. They will be placed in seeds accordingly. Racers will keep the same bib number and start order for both the giant slalom and slalom runs.

Starting order will be as follows:

- High School girls
- High School girls individuals
- High School boys
- High School boys individual
- Open girls
- Open girls individual
- Open boys
- Open boys individual

- (b) FIS rules will apply to course inspection. Racers will be allowed to sideslip the course only. Running gates or shadowing is forbidden. Racer bibs must be visible at all time during course inspection. The course is closed until inspection direction has been given by the Jury prior to the race. Any changes to this are at the discretion of the Technical Delegate.
- (c) The convener is responsible for obtaining the following competently trained individuals for each race course:
 - chief of race;
 - chief of course;
 - chief gatekeeper and gatekeepers as required;
 - starter and assistant starter;
 - chief timekeeper and recorder;
 - finish referee.
- (d) In all alpine events (Slalom and Giant Slalom), hiking will not be allowed. If the athlete falls and stops their forward momentum, they MUST ski out of the course. Failure to do so will result in disqualification of the athlete.
- (e) In-ground wired electrical timing or radio transmitted timing should be used for all events.
- (f) In the case of missed times, provisional re-runs will be granted.
- (g) A skier can finish race with all or no pieces of equipment. i.e. if skier loses a ski or pole they can continue without it.
- (h) If interfered with, skier must ski out of course at point of interference and immediately report to adjacent gatekeeper and finish referee to request a re-run.
- (i) If overtaking a racer, the skier must ski out of the course and will be granted a provisional re-run at the discretion of the jury.
- (j) A racer who misses his/her start may have to wait until the end of his/her particular seed.
- (k) The last bib number will remain the last racer and will race after all of the re-runs.

9. UNIFORM AND EQUIPMENT:

In both practice and competition, students must wear a properly fitted (as per manufacturer's guidelines) and properly worn hard shell crash helmet that meets the FIS Equipment Specifications, as indicated by a FIS laminated sticker on the helmet. Helmets must bear a CE mark and conform to recognized and appropriate standards (for example, such as CEH. Din1077, ASTM F2040, SNELL S98 or RS 98). For slalom events, helmets must have an approved chin guard affixed to the helmet or the student must wear a mouth guard. If the helmet has soft ear protection, it must meet the FIS Equipment specifications and is only permitted for helmets used in Slalom.

All competitors are expected to dress in clothing that is safe, neat, clean and which maintains the integrity of the school's/Association's name, colors and logos.

Snow sports helmets must be worn by all coaches and officials while on the hill.

Recording devices and drones are not allowed on course during inspection. Only coaches will be allowed to use recording devices during the race. Under no circumstances shall a racer be allowed to have a recording device on the course.

10. SCORING

In the case that only one run of slalom and one run of giant slalom are possible, each run shall be classified as an event. (ie. scored as separate races)

- (a) The competitor with the fastest total time in each event shall receive 1-point; the 2nd fastest time, 2 points; 3rd, 3 points; etc. In case of ties, the individual competitors' total times for both events shall be used.
- (b) Team scores in each of the Girls' High School, Boys' High School, Girls' Open and Boys' Open shall be calculated by adding the best three individual scores for that team in Slalom and again in the Giant Slalom races. In the case of a tie for first place, the lowest total of individual times of the

three racers will be used. If a tie still exists, the place of the tied teams' 4th place finisher shall be used. There are no Combined Girls' and Boys' Teams.

(c) **Disqualifications:**

- (i) disqualifications in the first run will not receive a second run (a provisional run may be given only by the Jury of Appeal); (This only holds true if there are two runs of slalom and two runs of Giant Slalom)
- (ii) DNFs (Did Not Finish) and those who missed gates shall receive a score which is twice the number of disqualifications or 50% of the total field, whichever is greater, added to the last proper score in that event. Disqualifications do not include DNS (Did Not Start), profanity, unsportsmanlike conduct, other infractions, changed numbers, etc. Such competitors will not be assigned a score.

11. AWARDS:

- (a) Team championships shall be declared for each of Girls High School, Boys High School, Girls Open and Boys Open. Medals shall be presented to the first three teams in each category (five medals for each team).
- (b) Individual medals shall be presented to first, second and third places.

- 12. MEDICAL** Ski patrol facilities must be available for the full period of the meet. A member of the ski patrol must be at the top of course with a toboggan available for the duration of the race. Schools are responsible for "off-course" first aid and related expendables. School/Board rules for reporting injuries must be followed as well as CSPS procedures.

- 13. SUPERVISION** Students will be under staff supervision at all times.
ALSO; each school is required to bring adequate personnel to assist in running the event. Adults are needed for; Starting, Finish Judge, Statistics, Gate Supervision, youth assistance is needed as gatekeepers. (At any one time each school needs to supply 2 gatekeepers – this may be on rotation, but supervised!)
As a guideline, each school needs one teacher/coach and 3 volunteers who will be assigned positions by the convenor.

- 14. MEETING** There will be coaches' meeting one hour prior to the published time of the first race.

- 15. GATEKEEPING** The validity of the meeting depends upon this task being efficiently carried out. Non-racing students are very anxious to ski, and this hinders prompt starting. Ski coaches are asked to ensure that ALL volunteers attending to carry out this task are present at a meeting 45 minutes prior to the first race. Each school will be allocated specific gates and conducted to the precise location.

- 16. JURY** A jury of three shall be nominated prior to competition. This shall consist of three staff members from different schools. In the event of a protest being made by one of the schools represented on this jury the convener shall appoint an alternate FOR THAT PROTEST. Protest shall be submitted in writing, supported by \$50, repayable if the protest is upheld. Protest must be submitted within 30 minutes of posting of any result.

15. WRITTEN BY:

Karl H. Hammer, Loyalist CVI
(545-5575) 453 Van Order Drive, KINGSTON
ONTARIO

Terry McTague, LaSalle Secondary School
(546-1737) RR #2 KINGSTON
ONTARIO

Larry Gaffney, Mackenzie HS
(584-3361) Box 397 DEEP RIVER
ONTARIO K0J 1P0

Jack Elgood, Perth DCI
(267-3051) 13 Victoria Street, PERTH
ONTARIO K7H 2H3

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Lawrence Gaffney
Mackenzie High School
Box 397
Deep River, Ont.
K0J 1P0
613-584-3361
gaffneyl@fc.renfrew.edu.on.ca

Terry McTague
Retired – LaSalle
132 Indian Rd.
Kingston, Ont.,
K7M 1T2
tcmtct@sympatico.ca

Karen Dodds
Arnprior District High School
59 Ottawa Street
Arnprior, Ont.,
K7S 1X2
613-623-3183 ext. 248
Karen_Dodds@fc.renfrew.edu.on.ca

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Karen Dodds
Arnprior District High School
59 Ottawa Street
Arnprior, Ont.,
K7S 1X2
613-623-3183 ext. 248
Karen_Dodds@fc.renfrew.edu.on.ca

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Darren Matthews
Renfrew Collegiate Institute
184 Bonnechere St. S.
Renfrew, ON
K7V1Z5
matthewsd@rcdsb.on.ca

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(Based on current EOSSAA/OFSAA Playing Regulations)

Darren Matthews
Renfrew Collegiate Institute
184 Bonnechere St. S.
Renfrew, ON
K7V1Z5
matthewsd@rcdsb.on.ca